

TICK BITE/ LYME DISEASE PREVENTION & RESPONSE



TICKS CAN INFECTION HUMANS WITH BACTERIA, VIRUSES, AND PARASITES THAT CAN CAUSE LYME DISEASE AND OTHER SERIOUS ILLNESSES.

PREVENTION TIPS:

- Before doing outdoor activities such as gardening, camping, hiking, and playing, consider using repellents with DEET on your clothes and skin.
- Modify your landscape to create tick free zones by mowing grass often and regularly removing leaf litter, moist plant litter, brush, and weeds.
- After coming indoors, check your clothes and exposed skin for ticks.

RESPONSE:

- If you find a tick on your body, remove it immediately by grasping it with tweezers only (do not touch the tick with your bare hands), as close to the skin as possible and pulling it straight out.
- Not every tick carries Lyme disease, but to avoid the potential for the disease, send the tick to a lab immediately. If caught early enough and the tick tests positive as a carrier of Lyme disease, you can prevent getting Lyme disease by taking certain medications (e.g., doxycycline).
- Seek medical attention and speak with your doctor if you develop a rash at the site of the bite between 3 to 30 days after the bite and/or if you develop a fever.

For more information visit websites such as:

<http://www.cdc.gov/ticks/> or <http://dhhm.maryland.gov>

"Most tick bites happen in the summer months when ticks are most active and people spend more time outdoors."

Medlineplus.gov
November 13, 2020

"Ticks surprise us: 2021 may be big Lyme disease year."

Webmd.com
May 7, 2021

"Recent estimates using other methods suggest that approximately 476,000 people may get Lyme diseases each year in the United States."

CDC.gov
May 10, 2021

This ad is in loving memory of Gloria Halperin, ע"ה and as a zechus for a refuah shelaimah for Layla Aynav bas Rachel, Leah Leeba Malka bas Gittel Shifra, and Lielle Sima bas Zahara.

Preparing our Community Today for a Safe and Secure Tomorrow™

The Chesed Fund Limited is dedicated in memory of Mordechai & Rebecca Kapiloff, ע"ה, Dr. Bernard Kapiloff, ע"ה, and Rabbi Norman & Louise Gerstenfeld, ע"ה. Project Ezra of Greater Baltimore, Inc. is dedicated in memory of M. Leo and Hannah Storch, ע"ה.

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