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In partnership with



# How to Use a Mask

**As of April 18, Maryland residents must wear masks in stores and on public transit.**

Masks are effective only when used in combination with frequent hand washing and observance of proper mask use protocol.

## MASK USE PROTOCOL



### 1. Before putting on a mask

Wash your hands with soap and water or use alcohol-based hand sanitizer.  
Check to make sure your mask is not damaged. If it appears damaged, **DO NOT USE IT**; replace it with a new one.



### 3. Wearing a mask

Avoid touching the mask while using it; if you do, wash your hands with soap and water or use alcohol-based hand sanitizer.  
Do not reuse a single-use mask. If the mask becomes damp, replace it with a new one.

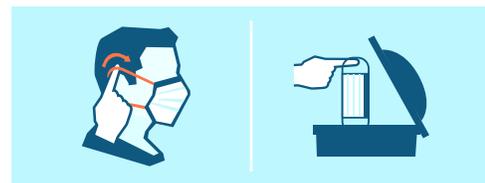


### 2. Putting on a mask

Without touching the front of the mask (by using the mask straps), cover your mouth and nose with the mask and make sure there are no gaps between your face and the mask at the edge.

Do not allow hair, jewelry, eyeglasses\*, clothing, or anything else come between your face and the mask.

\* To reduce fogging of eyeglasses while wearing a mask, wash the eyeglasses with soap and water, or keep a tissue on the bridge of your nose underneath the eyeglasses to absorb the moisture from your breath.



### 4. Removing a mask

Remove the mask from behind (do not touch the front of mask), and avoid touching your eyes, nose, or mouth.  
Discard the mask immediately in a closed bin.  
Wash your hands with soap and water or use alcohol-based hand sanitizer.

All the steps listed on the other side should also be used for wearing washable cloth face masks (aside from disposing of them). Additionally, cloth face masks should consist of several layers of fabric and should not change shape when laundered.

Cloth face coverings should not be placed on children under age 2, anyone who has trouble breathing, or anyone who is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.

## TO CONTINUE TO MINIMIZE THE SPREAD OF COVID-19, OBSERVE THESE PROTOCOLS:



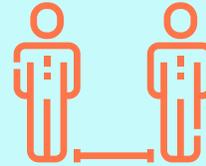
Avoid touching your face.



Continue washing your hands with soap and water or use alcohol-based hand sanitizer.



Stay at home as much as possible.



Practice social distancing.



Clean your phone and high-contact household areas often (doorknobs, fridge handles, faucets, light switches, etc.).

### References:

<https://www.cdc.gov/niosh/docs/2010-133/default.html>

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/when-and-how-to-use-masks>

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The Chesed Fund Limited is dedicated in memory of Mordechai & Rebecca Kapiloff, ע"י, Dr. Bernard Kapiloff, ע"י, and Rabbi Norman & Louise Gerstenfeld, ע"י. Project Ezra of Greater Baltimore, Inc. is dedicated in memory of M. Leo Storch, ע"י.

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PLEASE TURN OVER ▶▶▶

Dedicated in loving memory of our dear parents Mr. and Mrs. Fred A. Schlossberg, ע"י, and Mr. and Mrs. Bernie and Ruth Schwartz, ע"י, by Eli W. and Ronnie Schlossberg.